

POST TRAUMATIC STRESS DISORDER

Overview

The course is designed for both sufferers, care and senior staff, within any organisation, who care for staff or individuals suffering with PTSD. Each session is designed specifically to meet your own organisational needs within this field.

Duration - 2 1/2 Hours

Course objectives

This course will explore and extend participants' knowledge about this disorder: the forms it can take, those who are at risk, various explanations for the occurrence of signs and symptoms, and possible outcomes and response options. Participants will go on to look at their own practice in this field, discussing current evidence and procedures.

Aim

The aim of the course is to provide participants with the opportunity to examine the wider issues of the topic, and to form and develop care and supportive options to enhance management and coping strategies for individuals we care for.

Objectives

Having completed the course, participants will/should be able to:

1. Understand what PTSD is.
2. Identify features of it and reasons behind it.
3. Assist the client, exploring support, empathy and treatments.
4. Ensure a consistent care management strategy.
5. Apply a Person-Centred Approach.

Participants will also benefit from Question & Answer session.

The course is supported by an informative handout, and accompanying discussions, specifically on current individuals they care for. On completion, once payment has been received, all participants will receive a Mind Consultancy certificate of attendance stating the NVQ & new QCF outcomes that have been covered.