

## PERSON CENTRED APPROACH FOR INDIVIDUALS WITH DEMENTIA

## **Overview**

This course is aimed at those who provide care and support to people who have dementia, or any mental health condition in a wide range of settings. It focuses on the knowledge and skills in planning and delivering support to meet an individuals identified and agreed abilities and need, in order to adopt and demonstrate that a 'Person Centred Approach' is present within their care planning.

## Duration: - 2-3 hours

## **Course Objectives**

The students will have an in-depth knowledge of how to support and care for a person with dementia. They will understand the relevance of best practices. This will result in enhanced quality of care for both the person & their carers & families, which support their NVQ & QCF DEM 204 learning outcomes development.

- The real 'Person Centred Approach' method of care.
- Positive activities of daily living and communication.
- Fundamentals of using a 'Person Centred Approach' within a care setting.
- Supportive responses to behaviour & positive involvement.
- Equality, Diversity and Inclusion.
- Abilities & needs.
- Profiling, life history and care planning.
- Interview Template.
- Group discussion re: points raised during session.
- Question and Answer session.

All attendees will be given an informative handout at the end of the training session, and receive a Mind Consultancy certificate of attendance listing the NVQ outcomes covered and the new QCF DEM 204 learning outcomes.

\*For inspection/visiting purposes staff are shown how to develop 'Personal Profile' which will demonstrate their deeper understanding of the individual, which provides the foundation of delivering a 'Person Centred Approach' at all times. This course will provide a greater knowledge of their residents, and confidence to only deliver the very best support necessary within the care environment.