
PALLIATIVE & END OF LIFE CARE

Overview

This training is aimed at anyone working in a role where they are required to care for people with life-limiting illnesses and ensures that delegates gain an increased understanding of what the role of a palliative carer in detail. The course covers a range of theories, therapies and techniques which delegates can apply in order to approach within role with confidence.

Duration - 2-3 hrs

Course Objectives

This course is designed for all staff involved in palliative care or who may be likely to care for those approaching the end of their life. Delegates will gain understanding of attitudes and fears relating to the end of life, and the responsibilities of their role as a carer. With this understanding, delegates will be able to create care plans for patients so as to ensure that their final moments are spent in a positive, pain-free and within a stress-free environment.

The course will involve the following topics:

- What is palliative care?..End of Life
- How do we cope with palliative care and help others to?
- The different types of complementary therapies.
- How to empathise with, and support, patients and families during this process.
- Future planning.
- Attitudes and fears about death and dying.
- Good and bad experiences of death and dying.
- Symptom management.
- Roles and responsibilities in end of life care.
- Grief and loss.
- Coping strategies.
- Recent clinical evidence of treatment.



Course Outline

The end of life care awareness training course takes around 2 ½ hours and delegates may be expected to engage in a number of group activities. Our experienced trainers will be on hand to help guide participants through these sessions supported by an informative handout and accompanying discussions. On completion, all participants will receive a Mind Consultancy certificate of attendance contributing & underpinning knowledge of learning outcomes: QCF EOL 201/HSC 2022.