

DEPRESSION IN OLDER PEOPLE

Overview

This Course is designed for staff who work with older people in either residential/nursing home, community or hospital settings and who have a basic knowledge of depression and older people, who wish to explore the subject further.

Duration:- 3 Hours

Course Objectives

The course examines the incidence of depression in older people and identifies some of the diseases, which are often associated with depression. As Mental Health affects 1 in 4 people, and depression being the most common, the course will also explore appropriate approaches and strategies for intervention and support within their care environment.

Aim

To explore the nature and incidence of depressive illness in older people, and help support individual needs within a care setting.

Individual Objectives

By the end of the course, participants will be able to:

1. Describe possible causes of depression.
2. Identify signs and symptoms of depressive illness, in older people
3. Discuss and evaluate current forms of treatment for depression.
4. Describe, and be aware of their role in working with depressed older people and how best to support them during their stay.

The course is supported by a handout, and accompanying discussions. On completion, and when payment has been received all participants will receive a Mind Consultancy certificate of attendance contributing & underpinning knowledge of learning outcomes: QCF CMH 301/302, which has been covered & discussed.