

# **Course Outline**

#### **AUTISM AWARENESS**

#### Overview

This course is designed for practitioners new to the field of autism, or for those who support individuals living with a developmental disability. Participants will be introduced to basic concepts and theories relating to Autism Spectrum Disorders.

### **Duration** 3 hours

## **Course Objectives**

Participants will be helped to make the link between theoretical knowledge and practice. The Awareness of Autism course will place emphasis on reflective practice and supporting the participant's skills, attitudes and communication style. It will make use of group discussions, an informative handout and a short video clips.

The course will involve the following topics:

- What is autism?
- Triad of impairment.
- Descriptions and recognition of autism characteristics.
- Autism as a spectrum disorder.
- Recognition of sensory difficulties.
- Introduction to Support Strategies.
- Question & Answer session.

The course is supported by a handout, and accompanying discussions. On completion of the session, all participants will receive a Mind Consultancy certificate of attendance contributing & underpinning knowledge of: learning outcomes: QCF LD 201/301.

For attendees wanting further knowledge relating to Autism the following will provide further information. (Please make direct contact to discuss)

- Introduction to the Sensory Issues of the Person with Autism
- Introduction Social Scripts for People with Autism
- Behavioural Issues: Training Staff about Managing Autism
- Using Visual Strategies to Support the Individual with Autism
- Introduction to Communication in Autism
- Introduction to Psychological Theories in Autism